



ATTENDANCE PROCEDURES:

Parents/guardians must notify the Attendance Office within 72 hours to clear a student's absence. All absences, early releases, and appointments must be reported using the [Google Form](#).

Please note that the form must be submitted using the parent/guardian email address registered in Aeries (parents will get a confirmation email).

Students are not permitted to submit the form **UNLESS** they are 18 years old.

You may contact our attendance clerk by email for any questions:

Lisa Kastelan: kastelan@pvpusd.net

The A/B Calendar can be found on the PVHS website in case of any discrepancies.

Please click on the link here: [A/B Cal & Bells](#)

Daily Bulletin: Tuesday, March 10, 2026

7:30 - 8:25 Zero Period

8:30 - 10:25 Period 1

10:25 - 10:35 Nutrition

10:40 - 12:45 Period 2

12:45 - 1:15 Lunch

1:20 - 3:15 Period 3

PALOS VERDES HIGH SCHOOL DANCE
DEPARTMENT PRESENTS



TIMELESS

March 10 & 11 at 7:00P.M. Location: MPR
\$5 for students and \$15 for adults.

Tickets are presold by Choreo and Intermediate
dancers on GoFan and sold at the door. Cash is also
accepted at the door.

[Ticket links](#)

Seniors, Order Your Cap and Gown Now!

Hey Class of 2026! It's time to get ready for graduation by ordering your cap and gown. Don't wait too long, the price goes up after Friday, January 30! Order today so you're all set to celebrate this amazing milestone in style. Click [HERE](#) to order your grad essentials!



Palos VERDES HIGH SCHOOL ORDER YOUR GRAD ESSENTIALS!



ORDER ONLINE NOW!



highschool.herffjones.com

QUESTIONS?

Contact us: Lee Tousignant, Herff Jones Representative.
Call us toll free at **866-238-5336** or by emailing highschoolcs@herffjones.com Order online 24/7 at herffjones.com





BOEING

Internship for Juniors

Apply here



Internship

Dates:

June 15, 2026

to

August 6, 2026

Interviews

**End of
March**

**Application Opens:
February 23**

**Application Closes:
March 13**

Any other questions?

Contact

Mr. Hill // hilld@pvpusd.net

Ms. Kim // choj@pvpusd.net

CATCH THE WAVE 2026

Online Auction is **OPEN**

Thanks to our generous donors this year's auction has some amazing items including:



Week in Hawaii

Rams Tickets

Front Row
Graduation Seats

Braces Packages

THE ONLINE AUCTION IS OPEN!

Make a difference and bid today! All proceeds benefit PVHS

Booster Club and the 3 A's:

Academics • Arts • Athletics

Thanks to our generous donors, this year's auction has some amazing items, including.....

Maui Vacation: 7 Nights in Luxury 3-bedroom Condo.

Click [**HERE**](#).

World Cup Tickets

Angels vs. Dodgers – Field Level Seats (4)

BeachLife- (2) Weekend GA Tickets, May 1-3, 2026

...And MUCH, MUCH MORE!

THE AUCTION IS READY FOR YOUR BIDS!

Share the link with friends and family members outside of our Sea King community...
there is something for everyone! Start your bidding by clicking the link below:

ALL ONLINE AUCTION ITEMS HERE

Catch the Wave with us!

Thank you in advance for your support and GO SEA KINGS!

Trista Ramirez, Ed.D., Principal, Palos Verdes High School

Ryan Yakubik

Booster Club President

ryakubik@yahoo.com

Catch the Wave 2025 Co-Chairs:

Tracey Lee- traceylee3232@gmail.com

Katie McDonald - katiemcd1975@yahoo.com

THANK YOU TO OUR 2026 CATCH THE WAVE SPONSORS

SEA KING FOR LIFE \$10,000

Jennifer and Kyle Clinton
Oarsman Foundation

PLATINUM SEA KING \$5,000

The Harris-Rigg Family
Jen and Roger Yang

GOLD SEA KING \$2,500

Laura and Nathan Lee
Jennifer and Ryan Yakubik

SILVER SEA KING \$1,000

Shannon Bates and Doug Pryor
Sally and Bill Betz
Margaret and Brian Bonvechio
Sherrie and Marcus Brady
Meredith and Blake Edwards
Amy and Jordan Friedman
Carol and Joaquin Hernandez
JKB Home Design
Lisa and Beau Lazar
Tracey and Whitt Lee
Katie and Doug McDonald
The McDuffie Family
Julie and Matthew McGovern
Alexis and Dave Milestone
Wendy and Brett Moulton
Lisa Poach and Kevin Mayer
Kathy and Dave Rodriguez
Trish Rose and Mark Hickey
Velveth and Chuck Schmitz

Dina and Erik Simonsen
Jill and Rick Tomaro
Sophia and Ilya Zak
PVHS Cheer (\$1,500)
PVHS Football (\$1,500)
PVHS Song (\$1,000)
PVHS Baseball (\$1,000)

BRONZE SEA KING \$500

Charissa and Pravin Acharya
Shane and Chris Andrews
Jeanne and Greg Bray
Suzanne and Paul Cyril
Rose and Jeff Dalis
Jen and Kevin Daly
Kelly and Steve Demko
Dharina and Amir Desai
Carrie and Steve Fairbrother
Holly and Jeff Gardner
Kimberly and Justin Guichard
Carolyn and Anthony Hardesty
Sheryl and Rich Heffernan
Julie and John Hickman
Jill and Todd Hollingshead
Jennifer and Ted Hong
Shannon and Mike Hoyer
Courtney and Dan Klink
Nia and George Kontes
Kristen and Alex Kouzmanoff
Kristen and Kris Lem
Annette and Kevin Lindquist
Corry and Ivan Matthews

Jennifer and John Montesana

Loretta and Tom Mills
Sonya and Greg Porth
Nicole and Matt Reis
Amy and Tom Roche
Marcia and Will Russell
Brooke and David Sachs
Alyson and Alex Shen
Karen and Chris Sinfield
Holly and David Stocke
Christina and Steve Storm
Laura and Andy Tamin
Linda and Jeff Veldhuizen
Seri and Jordan Wheeler
Hanna Woo and Karla Monslave
Peggy and Daniel Yang
South Bay Peninsula Soccer League
PVHS Boys Golf (\$700)

PROUD SEA KING \$250

Debbie and Cary Fang
Lunada Bay Automotive
Alyson and Sean McFerson
Kimberly Morrow
Katie and Will Sieck
The Ursini Family (2)
Anonymous (2)

** List updated as of 3/9/26



Summer 2026: PVPUSD Advanced Internship Program

Application Deadline EXTENDED!

What is the Advanced Internship Program?

The PVPUSD Advanced Summer Internship Program is an in-depth, project-based internship designed for students who already have foundational skills or prior exposure to professional environments. PVPUSD connects students with employers and leads students through a 6-week intensive internship program. Students will be working with their assigned employer and completing one relevant LA Harbor College class. Open to rising juniors and seniors. Students must be available for the entirety of the 6 weeks: June 8 - July 17.

[Apply Here!](#)

Application Due: March 11th @ 11:59 pm

KEY FEATURES:

- 6-week program, *June 8 - July 17*
 - 20 hours per week of intern work required
- Earn at least (5) WEIGHTED high school credits
 - A - G approved (elective)
- Mandatory weekly check-ins & showcase
- Field Trips: Disneyland - Leadership Training
- Must enroll in *one* of the following LAHC Business
- Summer Courses (we will help you enroll, and they are free!)
 - **Communications C1000- Public Speaking**
 - UC/CSU approved, 3 units
 - **Management 13 - Small Business Entrepreneurship**
 - UC/CSU approved, 3 units

- **Marketing 28 - Intro to Social Media**
 - CSU approved, 3 units
- Classes begin the week of June 15

Applicant Requirements:

Rising junior (Class of 2028) or Senior (Class of 2027)

Academic Standing

- Minimum GPA of 3.0
- Strong attendance and consistent academic performance

Professional Skills

1. Demonstrated responsibility, punctuality, and reliability
2. Ability to communicate clearly—both verbally and in writing
3. Positive attitude and willingness to learn in a professional setting

Participation in an interview to assess fit and interest (after submitting the application, invitations will go out for interviews)

Interviews will take place on **Saturday, March 14 from 9am-3pm**, so save the date and window of time NOW on your calendars. We will schedule your interview and send out specific interview times via your email address used in the application (look for an email on March 9).

Interview location: Malaga Cove District Offices

Who Do I contact if I have questions?

Mrs. Becky Egan - eganr@pvpusd.net

Mr. DJ Hill - hilld@pvpusd.net



shutterstock.com • 680304623

The CIF Southern Section is pleased to announce the second year of our Student-Athlete Advisory Council. After a successful inaugural year, we are excited to continue providing student-athletes with meaningful opportunities to engage in leadership development and offer valuable input on CIF Southern Section programs and initiatives.

We are currently seeking applications from members of the Class of 2028 (current sophomores) who are interested in serving on the Council for the next two years. Selected student-athletes will collaborate with peers from across the Southern Section, participate in leadership training, and contribute to discussions that help shape the student-athlete experience. Council members may also have the opportunity to assist with and develop student-led initiatives.


Applicants must:

- Be a cleared and eligible athlete at their member school
- Maintain a minimum 2.5 unweighted GPA
- Have consistent email access and respond in a timely manner
- Provide a letter of support from an athletic director, activities director, or school administrator
- Commit to attending all scheduled meetings at the CIF Southern Section Office

The application can be found on the CIF Southern Section website at <http://www.cifss.org/forms>. Additional information regarding deadlines and meeting dates is included in the application materials.

Completed applications should be emailed to sharonh@cifss.org. Only complete, electronic applications will be accepted.

**INTRODUCING A NEW
WEEKLY ACTIVITY:**



SEA KING ARCADE

PLAY WITH US:

Rocket League
Super Smash Bros Ultimate
Mario Kart 8

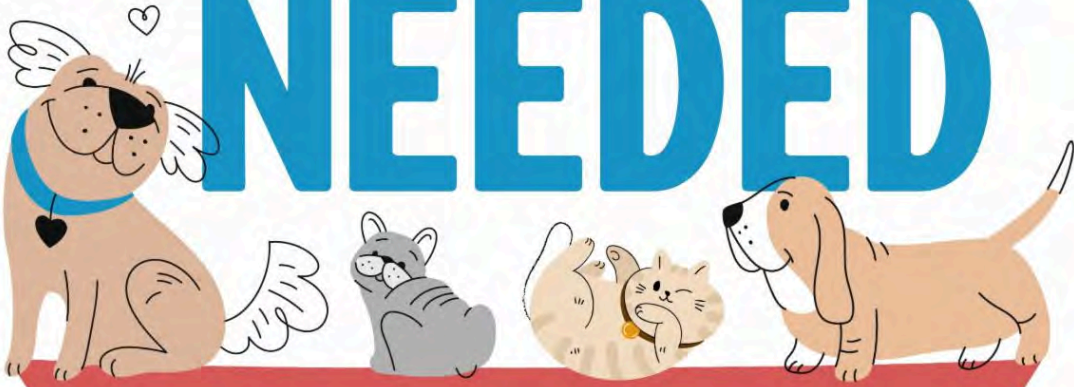
**THURSDAYS
@ LUNCH
KING'S CORNER**

**PRACTICE YOUR SKILLS,
SCRIMMAGE, AND PREPARE FOR
A FUTURE SEA KING E-SPORTS
TEAM**



PV PAWS RESCUE

VOLUNTEERS NEEDED



OUR FURRY FRIENDS NEED YOUR HELP!

PV PAWS RESCUE is
currently recruiting volunteers for
service hours



Feeding puppies, cleaning cages,
supervising puppies and dogs at play, fundraising,
posting on social media, hanging flyers, fostering,
and more.



To get involved, contact us at: **310-251-3816**
or email pvpaws@yahoo.com to complete a
volunteer application

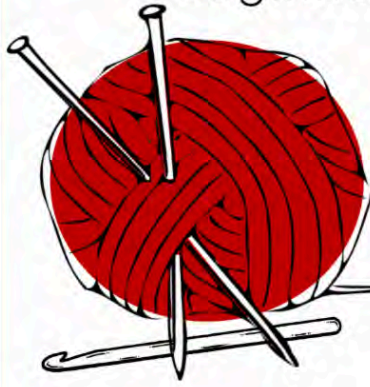


PV PAWS IS NOT RELATED TO, SPONSORED BY, OR ENDORSED BY THE PALOS
VERDES PENINSULA UNIFIED SCHOOL DISTRICT

CLASS Comp SCORES



Beginners welcome!



knitting
&
crochet

supplies provided!

In the library THURSDAYS @ lunch

SUMMER VOLUNTEER PROGRAM



PENINSULA
EDUCATION
FOUNDATION

Looking to make a difference, develop leadership skills, and earn national recognition — all in one summer? PEF's Summer Volunteer Program offers high school students the opportunity to support younger students while gaining valuable experience.

What You Will Do:

Volunteers will assist in classrooms, supervise recess, and provide lunch support as part of our Elementary Summer School Program. Flexible morning and afternoon shifts are available, with a minimum one-week commitment required.

Who We Are Looking For:

We are seeking responsible, enthusiastic, and caring individuals who enjoy working with children and want to build leadership skills, expand their network, and make a lasting impact.

Commitment Requirement:

Flexible 1-4 week commitments available. Choose a morning or afternoon shift, or sign up for both during your selected week(s).

Questions? Contact volunteer@pvpef.org or visit pvpef.org.

**APPLY
NOW AT
PVPEF.ORG**

Program Highlights

- Orientation and kick-off event
- Build connections with other student volunteers
- Volunteer recognition and service certification available
- Networking opportunities

A \$50 program fee is due at registration. Applications are reviewed on a rolling basis. New volunteers will complete a brief interview. To apply and for more info, go to pvpef.org.

Palos Verdes Peninsula Summer School Workshops

HELP IS HERE WITH PVPSS! GET PREPARED FOR...

COLLEGE APPLICATIONS SAT EXAM MATH & SPANISH CLASSES (ALL LEVELS)



»» *College Prep Workshops*

- College Application Prep
- College Application Prep Jr
- College Essay Prep
- SAT Prep

»» *Math & Spanish Prep Workshops*

- Spanish 1 & 2 Prep
- Algebra 1 & 2 Prep
- Geometry Prep
- Pre-Calculus Prep
- Calculus Prep

»» *Workshops Information*

- Prepare over summer with excellent teacher support
- More success and less stress for next year
- Only one to three weeks, two to three hours per day
- No grades or credits

CONTACT US

Adam Genovese, PVPSS High School Director
Email: genovesea@pvpss.com
Visit pvpss.com for details

PEF summer programs are not endorsed, favored, sponsored, or supported by the Palos Verdes Peninsula Unified School District (PVPUSD) or any school or program thereof. Participation in PEF programs is not related to, is not a requirement of, nor is a prerequisite to participation in any PVPUSD class, sport program or team.



BEN ALLEN
REPRESENTING SENATE DISTRICT 24

Senator Ben Allen's District Office is now accepting applications for the Spring 2026 High School Internship Program. This program provides high school

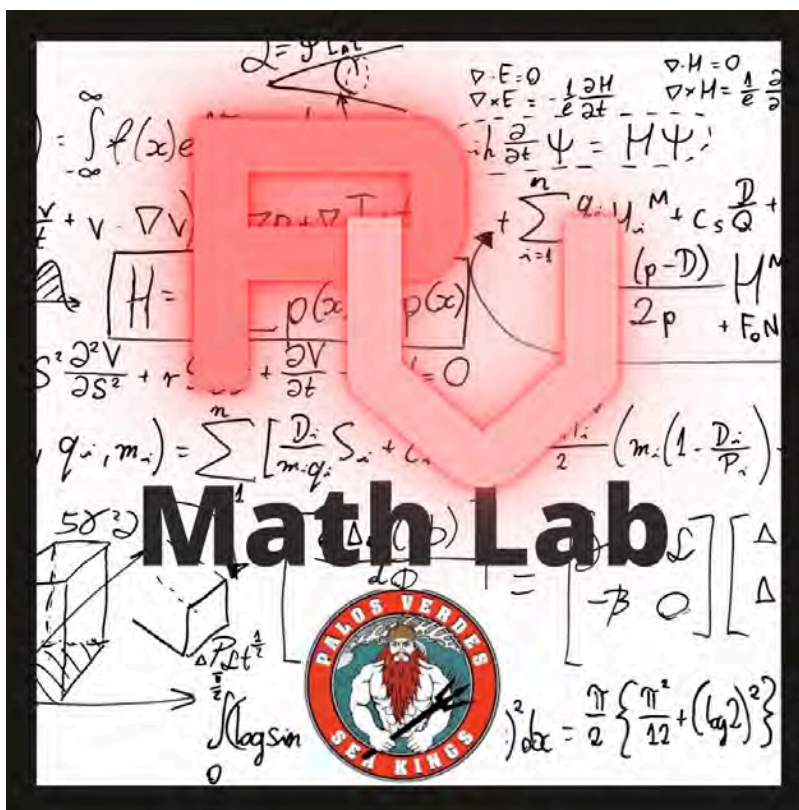
students with an opportunity to learn about public service, strengthen professional skills, and support community-facing work. Interns can expect a structured program that will include a weekly speaker series with members of the Senator's team and local leaders, an introduction to how the local government supports constituents and responds to community priorities, and opportunities to participate in community events and service activities alongside staff. No prior political experience is required.

Key details

- **Program dates: March 2 – May 18, 2026**
- **Weekly virtual meetings: Mondays, 4:30–5:30 PM**
- **In-person participation: Attend at least 2 community events**
- **Eligibility: Current high school students (priority to 11th grade, all grades welcome)**
- **Application deadline: February 8 at 11:59 PM**

How to apply

Apply here: <https://sd24.senate.ca.gov/district/internship>. Applications will remain open through February 8 at 11:59 PM. Questions may be directed to Samantha Gallegos at Samantha.Gallegos@sen.ca.gov.



Math Lab:

Students - Do you need extra help in Alg 1, Geom, Alg 2, or Pre Calc? Come to Math Lab on **Mondays and Tuesdays at lunch in Room 407** to get free peer tutoring in math! Students in regular math classes receive extra credit for attendance at Math Lab! Don't miss out on this great opportunity to get your

questions answered and feel more confident in your math class! Math Lab runs every **Monday and Tuesday at lunch!**

If you have any questions, please see your School Counselor.

Spanish Lab:

Are you in Spanish 1 or 2 and feel like you could use some extra help? Spanish Lab is the answer! Spanish Lab meets **every Thursday at lunch in room 412.** Get peer tutor help from AP Spanish students and receive extra credit for attendance! **Spanish Lab runs weekly on Thursdays in room 412.**

If you have any questions, please contact your School Counselor.



State and AP Testing Coming up!

State and AP testing season is upon us! Our Juniors will start us off with participating in state testing for Science, English, and Math. Our AP students of all grade levels will then participate in AP tests.

Below is a schedule for the upcoming testing season.

Monday	Tuesday	Wednesday	Thursday	Friday
3/23 -	3/24 -	3/25 CAST Test	3/26 CAST Test	3/27 -
3/30 CAASPP English	3/31 CAASPP English	4/1 CAASPP English	4/2 CAASPP English	4/3 -
4/6 SPRING BREAK	4/7 SPRING BREAK	4/8 SPRING BREAK	4/9 SPRING BREAK	4/10 SPRING BREAK
4/13 -	4/14 CAASPP Math	4/15 CAASPP Math	4/16 CAASPP Math	4/17 CAASPP Math
4/20 -	4/21 -	4/22 -	4/23 -	4/24 -
4/27 -	4/28 -	4/29 -	4/30 -	5/1 -
5/4 AP Exams Start	5/5 AP Exams	5/6 AP Exams	5/7 AP Exams	5/8 AP Exams
5/11 AP Exams	5/12 AP Exams	5/13 AP Exams	5/14 AP Exams	5/15 AP Exams
5/18 AP Make Ups	5/19 AP Make Ups	5/20 AP Make Ups	5/21 AP Make Ups	5/22 AP Make Ups

The State of California assesses schools by testing 11th-grade students in Science, English, and Math. A school's scores on these tests are one of the

biggest factors in determining a school's ranking, which colleges look at when they are considering students for admission. Thus, strong performance on the CAST (Science) and CAASPP ELA and Math tests is pivotal to maintaining our California school ranking and giving our students the best chance to get into top colleges and universities.

Please join PVHS Staff in encouraging our students to prepare and do their best on these upcoming tests. We encourage our Sea Kings to get a good night's sleep, eat a good breakfast, and try to be at their best for these important days. For more information about the CAST and CAASPP exams, please visit: <http://www.cde.ca.gov/ta/tg/ca>

For information on opting out of state tests, please contact Mr. Takeyama at takeyamak@pvpusd.net



SENIORS: THE DEADLINE FOR PRIORITY REGISTRATION FOR FALL CLASSES AT EL CAMINO COLLEGE IS EARLY THIS YEAR... THE NEW

DEADLINE TO COMPLETE ALL STEPS TO REGISTER IS NOW APRIL 2ND!

**PLEASE ATTEND AN APPLICATION WORKSHOP
TUESDAY, MARCH 10TH @ LUNCHTIME
IN THE CCC!**

If you have a SSN, bring it with you... if not, no worries. The sooner you apply, the sooner you can complete all other steps to register!

El Camino will come out later this month to complete orientation and individual student advising.

PVHS College Night 2026

March 12th

**6:00 PM – 7:30 PM
in Sea King Center (Gym)**

CLASSES OF 2027, 2028 & 2029

***STUDENTS & PARENTS ENCOURAGED TO ATTEND!
Incoming families to PVHS also WELCOME!***

Ask the EXPERTS!

**UCLA & USC Share Candid Insight on Admissions...
Old Myths & New Realities**

+

Q & A with the audience!

[PLEASE SUBMIT YOUR QUESTIONS VIA THIS GOOGLE FORM!](#)

VERY SPECIAL GUEST SPEAKERS:

Ffiona Rees

**University of California, Los Angeles
Executive Director Undergraduate Admissions**

&

Tim Brunold

**University of Southern California
Dean Of Admissions & Interim Vice President for
Enrollment Services**

Now you have the opportunity to get inside the mind of these most highly regarded Deans of Undergraduate Admissions to get real understanding to questions you have!

[PLEASE SUBMIT YOUR QUESTIONS VIA THIS GOOGLE FORM!](#)

ASPIRE

ADVANCED STEAM PRE-COLLEGIATE
IMMERSION FOR RESEARCH AND EXPLORATION

A MUDD SUMMER ACADEMY

Where Curious Minds Go Further

ASPIRE is a two-week residential program where students build real problem-solving, critical-thinking and collaboration skills through hands-on STEAM projects, labs and community experiences. The program is a reflection of Harvey Mudd's mission to develop well-rounded scientists, engineers and thinkers grounded in both STEM and the humanities.

WHO: Rising 10th–12th grade students

WHEN: July 12–24, 2026

WHERE: On-campus at Harvey Mudd College, Claremont, CA

FORMAT: Residential (in-person)

WHAT STUDENTS WILL DO

- Participate in hands-on, project-based learning
- Learn alongside peers in small, discussion-driven classes
- Work closely with Harvey Mudd faculty
- Explore co-curricular and community experiences, including company site visits, makerspaces, field trips, and more

During ASPIRE, students will engage in a small, seminar-style course taught by Harvey Mudd faculty or alumni. Students will select from:

- Transistors to Transformers: Hands-on Computing Projects
- The Chemistry of Cooking
- Ethics of Biotechnology
- Mathematics of Voting



PROGRAM COSTS AND FEES

Total Program Cost: \$5,500 (includes \$25 application fee and \$500 enrollment deposit fee, both non-refundable)

The program fee includes orientation, instruction, course materials, lodging, all meals, evening activities, weekend excursions, guest speakers, college readiness programming, closing events, roundtrip airport transportation, and transportation for all company site visits.

PRIORITY APPLICATION DEADLINE:
MARCH 15, 2026

hmc.edu/ASPIRE

**HARVEY
MUDD
COLLEGE**

Harvey Mudd College is a member of The Claremont Colleges. | 301 Platt Boulevard, Claremont, CA 91711 | hmc.edu

**PVHS STUDENTS & PARENTS ENCOURAGED TO
REGISTER FOR TICKETS TO ATTEND
AN EVENING WITH JEFF SELINGO
HOSTED BY PVPHS**

JEFF SELINGO

Dream School

Jeff Selingo, bestselling author and nationally recognized higher education expert, will be at Peninsula High School for a discussion focused on rethinking the college search process.

Jeff challenges the “elite or bust” mindset and helps families focus on fit, outcomes, and long-term success.

We encourage all PVPUSD high school students and their families to take advantage of this exceptional opportunity.

Brought to you by the
PVPHS College Career
Center & PVPHS PTSA

JEFFREY SELINGO

NEW YORK TIMES BESTSELLING AUTHOR OF
WHO GETS IN AND WHY

MARCH 18

6:30P PVPHS GYM

AN EVENING WITH JEFF SELINGO

This is a ticketed event and free tickets are available at PVPHS website, College Career Center page.

[pvphs.pvpusd.net/apps/
pages/CollegeCareerCenter](http://pvphs.pvpusd.net/apps/pages/CollegeCareerCenter)

"Dream School is more than a book—it's a movement aimed at redefining college admissions." —JENNIFER BREHENY WALLACE, author of *Never Enough*

DREAM SCHOOL



TED LIEU
CONGRESSMAN *for* CALIFORNIA'S 36TH DISTRICT



Please join us for the annual bipartisan, multi-district

SERVICE ACADEMY DAY

Hosted by the Office of Congressman Ted Lieu

Saturday, March 28, 2026

2:00-5:00 PM

Da Vinci Schools

201 N Douglas St. El Segundo, CA 90245

[Please register here](#)

Students, parents, and educators are welcome!

We invite you to listen to speakers from the U.S. Air Force Academy, U.S. Military Academy, U.S. Naval Academy, U.S. Coast Guard Academy, U.S. Merchant Marine Academy, parents, current attendees, and alumni from the Service Academies. In addition to a wonderful speaking program, representatives from Southern California Congressional Offices will be available to answer all of your Academy-related questions!

Questions: Aurelia Friedman
(323) 651-1040

ServiceAcademyNOM.Lieu@mail.house.gov

More info: <https://lieu.house.gov/services/military-academy-nominations>

Printed In-House

CLASS OF 2026:

YOU ARE NEARING THE END OF SCHOLARSHIP SEASON!

**PLEASE TAKE ADVANTAGE OF THESE
WONDERFUL SCHOLARSHIP OPPORTUNITIES!**

SCHOLARSHIP OPPORTUNITIES and DEADLINES: To view current local scholarships available for our SENIORS, please click [HERE](#). Then select the Link for SCHOLARSHIP OPPORTUNITIES & DEADLINES. Seniors may also view/apply to these local scholarships on Maia Learning. Once logged in, select Financial Plan on the left margin. Then click on Local Scholarships on the top of the page to see the local scholarships currently

available and to apply.

Palos Verdes Peninsula Summer School 2026 High School Reference Guide

Onsite Courses

Location: Palos Verdes High School

Dates: June 15 - July 23 *Onsite history courses end on July 9*

Time: 8:00am - 1:30pm

Onsite Course Offerings: World History, United States History, American Government, Economics, Biology, Biology Honors, Chemistry, Chemistry Honors, Geometry, Geometry Honors, Drawing & Painting

Online Courses

Location: Asynchronous/No Attendance

Dates: June 15 - July 23 *Students may work ahead*

Online Course Offerings: World History, United States History, American Government, Economics, Digital Photography

Workshops

Location: Palos Verdes High School

Dates/Times: Varied *Visit pvps.com/high-school-courses for details*

Workshop Offerings: SAT Prep, College Application Prep, College Application Prep Jr, College Essay Prep, Spanish Prep, Algebra Prep, Geometry Prep, Pre-Calculus Prep, Calculus Prep, Tai Chi Fan, Chinese Red Drums

Additional Information

* First Semester: June 15, 16, 17, 18, 22, 23, 24, 25, 29, 30, and July 1, 2

* Second Semester: July 6, 7, 8, 9, 13, 14, 15, 16, 20, 21, 22, 23

* Visit pvps.com/high-school-courses for course/workshop information.

* Visit pvps.com/high-school-information for general information on all programs.

* Questions? Contact Adam Genovese, PVPSS HS Director, at genovesea@pvps.com.

We would like to remind our school communities and families/guardians to assess common signs and symptoms of seasonal illnesses such as COVID-19 and Hand Foot Mouth Disease (HFMD). Respiratory illnesses, Flu, COVID-19 transmission, and HFMD peak in the summer and fall but can be seen at any time of the year. For the well-being of all our school community, please keep your student at home if your student is too

sick to come to school. Please review Guidance for Symptoms and When to Stay Home on the district website.



Guidance for Schools: Common Signs & Symptoms

This document is intended to support decision-making for schools and childcare centers when an individual child is displaying signs and symptoms of illness.

Below are suggestions for when to keep your child home when they are not feeling well. Contact a health care provider if your child needs medical care. A doctor's note is generally not required to return to school or child care. For more information, please visit [the CDPH guidance page](#).

This document:

- **does not** replace the advice of a licensed healthcare provider, nor does it revise guidance related to an individual child's known medical condition or existing IEP, Section 504 plan, or IFSP plan.
- **is not** a diagnostic tool. Related symptoms may inform exclusion decisions, but school staff should not attempt to diagnose.
- **does not** replace or revise applicable laws or other requirements.
- **does not** address specific disease outbreaks, when recommendations and public health requirements for exclusion may be more strict.
- **is limited to** consideration of symptoms as evidence of infection, and does not include considerations for other causes of symptoms such as allergies, toxin exposure, and child abuse or neglect.
- **should be used** within the context of an individual student's health and behavior history.

Symptom	When should my child stay home and when can they return?
Overall, not feeling well	<p>STAY HOME IF any new illness or symptom prevents a child from participating meaningfully in routine activities.</p> <p>Please note that a child with multiple symptoms is more likely to be contagious. Recommendations for all applicable symptoms should be considered.</p>
Fever	<p>STAY HOME IF a fever is 100.4°F (38°C) or higher.</p> <p>RETURN WHEN fever went away over the night and is gone in the morning without the use of medications such as Tylenol[®], Advil[®], or Motrin[®] (acetaminophen or ibuprofen). If fever is accompanied by additional symptoms, follow all symptom-specific guidelines.</p>
Respiratory Virus Symptoms (cough, stuffy / runny nose, sneeze)	<p>OK TO ATTEND WITH MILD SYMPTOMS. Children should test for COVID-19 before attending school, wear a mask for 10 days from symptom onset, and follow COVID-19 guidance.</p> <p>STAY HOME IF symptoms are accompanied by fever or if child has significant nasal discharge (i.e. interfering with their ability to participate in school and/or can't be contained without contaminating other children or staff).</p> <p>SEEK MEDICAL ATTENTION for severe symptoms, including a bad cough, difficulty breathing or trouble catching their breath, or wheezing when not controlled by medication (like albuterol).</p> <p>RETURN WHEN child has been fever-free for 24 hours without the use of fever reducing medication and other symptoms are improving.</p>

GRAVELY

Scholarship Opportunity 2026

Scholarship

Opportunity

Gravelly
EXPERIENCE
BATTLESHIP IOWA

Eligible high school students are invited to participate in A MULTIMEDIA CONTEST where winners will receive scholarships ranging from \$500 to \$2,000



Access guidelines for applying here!



61

Sponsors

BRUCE DD MACRAE | AMB. ROBERT C. O'BRIEN | HON. ERIC GARCETTI | STEPHANIE C. HILL | ADM. MICHELLE HOWARD | TREASURER FIONA MA | ARGYROS FAMILY FOUNDATION



COLLIER WALSH
NAKAZAWA



The Battleship IOWA is not related to, sponsored by, or endorsed by the Palos Verdes Peninsula Unified School District.



PEF Senior Scholarship

Peninsula Education Foundation will award two \$1,500 scholarships to students in the graduation class of 2026 who are continuing their education at the post-secondary level.

Applicants must be currently enrolled in the Palos Verdes Peninsula Unified School District and maintained enrollment for two years prior to graduation. Only online applications will be accepted. The application and more detailed information can be found at pvpef.org under "What We Do – Senior Scholarships" or at bit.ly/4a19iVs.

Deadline to Apply: March 22, 2026



PENINSULA
EDUCATION
FOUNDATION



HIGH SCHOOL SUMMER SCHOOL



REGISTRATION
IS
NOW OPEN

Session 1: June 15–July 2
Session 2: July 6–July 23

**Fully accredited courses offered onsite and online, completed in six weeks—
or four weeks for onsite history courses.**

**We also offer amazing onsite workshops with no grades or credits. Each
one runs for one to three weeks, with sessions lasting two to three hours
a day. Workshops include:**

- College Application Prep
- College Application Prep Jr.
- College Essay Prep
- SAT Prep
- Spanish Prep
- Algebra Prep
- Geometry Prep
- Pre-Calculus Prep
- Calculus Prep

— **Online Courses – Asynchronous with virtual support provided**

— **Onsite Courses & Workshops – Palos Verdes High School**

**Questions? Email us at help@pvpss.com
or call 310-378-8695.**

GO TO
PVPSS.COM
FOR MORE
INFO

PEF summer programs are not endorsed, favored, sponsored or supported by the Palos Verdes Peninsula Unified School District (PVPUSD) or any school or program thereof. Participation in PEF programs is not related to, is not a requirement of, nor is a prerequisite to participation in any PVPUSD class, sport program or team.

Native Plant Garden
Volunteer Event

January 11, February 15
 & March 22
 10am to 12pm
 Point Vicente
 Interpretive Center
 Native Plant Garden
 31501 PV Drive West

To sign up, email
 Megan and Cannon at:
iwanttohelp@tidalinfluence.com

South coast california native plant society

Come join us on a beautiful Sunday morning and help us keep our garden clean, healthy and beautiful. You will be rewarded with sweeping ocean views, the fresh sea breeze and gain some awesome gardening skills. Volunteers can also earn community service hours for school. Families and groups encouraged!
 Gloves and tools provided.

The City of Rancho Palos Verdes is not related to, sponsored by, or endorsed by the Palos Verdes Peninsula Unified School District.

RPV
 2026



PVHS PTSA MEETINGS

Meeting Topics & Activities
2025-26

All Meetings to occur at 9 am in the PVHS MPR

September 30, 2025 Celebrating our District & PVHS!

Guest Speaker:

Dr. Devin Serrano, PVPUSD Superintendent
District & PVHS Academic Highlights
Athletic Program Overview
Student Involvement on Campus
Student Clubs, MUN, Mock Trial, PVIT,
Capital Convoy, Debate Team and more!

February 24, 2026 Leadership & Activities @ PVHS

ASB
Red Tide
Be the Change
Live from 205
PV Board Member Student Council

October 28, 2025 Academic Counseling Updates @ PVHS Student Balance & Mental Wellness

Guest Speaker:

Linda Meier Abdelsayed, LMFT
SAGE Counseling Services

March 24, 2026 College Readiness @ PVHS

PVHS Musical Drama Performance
College & Career Center Updates
Student Scholarship Information
College Readiness Next Steps

November 18, 2025 Drug Awareness & Safety @ PVHS

Guest Speakers:

Michael Keuler, Drug Enforcement Agency
PVE Police Department
PVHS Security Staff

April 28, 2026 Engineering & Research @ PVHS

PVIT & Robotics Teams
Science Pathways & Course Offerings
Science Research
AP Research & Capstone
PVHS Library Services & Research

January 27, 2026 Academic Counseling @ PVHS

Student Course Scheduling
Student Academic Pathways
AP vs. Honors vs. Dual Enrollment
Dual Enrollment Opportunities:
SCROC & Harbor Community College

Can't Make It? Participate Virtually

[https://us02web.zoom.us/j/88620741188?
pwd=SBjnWmAsA2OdTdmMpq6iFbCHNBDTmO.1](https://us02web.zoom.us/j/88620741188?pwd=SBjnWmAsA2OdTdmMpq6iFbCHNBDTmO.1)

*All are Welcome to
Participate & Learn!*

ARE YOU READY FOR IT?



*We Are Sea King
Family!*
pvhs ptsa

PVHS Spirit Wear Purchase

Link: www.memberplanet.com/s/pvhigh/25-26spirit_wear

**GOT SPIRIT?
WE WANT TO SEE IT!**

KNIT V-NECK:



NEW: ¼ ZIP LIGHTWEIGHT KNIT



Get them while they're hot!

Wear your specialty, one-of-a-kind Newport Knits sweater to ALL of PVHS sporting events this year! Limited sizes and inventory available! Sweaters available in:

- Black V-Neck
- Black Crew Neck
- Black ¼ Zip Lightweight Knit
- White V-Neck

Newport Knits
EST. 2002

PVHS SPIRIT WEAR

2025-2026



**PURCHASE
HERE**

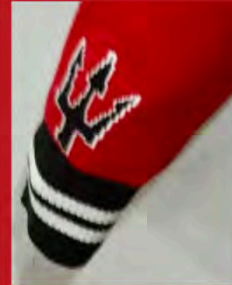


IT'S REIGNING RED!

NEW - JUST IN!



Sweater Front



Right Sleeve

Purchase Here:



Get them while they're hot!

Wear your specialty, one-of-a-kind PVHS Newport Knits sweater to ALL of PVHS sporting events this year! Limited sizes and inventory available! Sweaters available in:

- **Black V-Neck & Crew Neck**
- **White V-Neck**
- **Black ¼ Zip Lightweight Knit**
- **NEW: RED V-Neck**

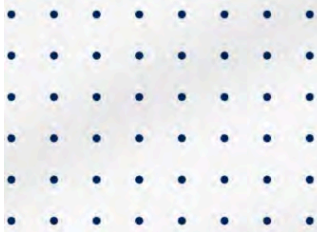
Newport Knits

EST. 2022

[LINK HERE](#)



Click [HERE](#) to join the Booster Club.



PVP COUNCIL OF PTAS SCHOLARSHIP



**OPEN TO ALL PVPUSD SENIORS
GRADUATING IN SPRING 2026!**

AVAILABLE SCHOLARSHIPS:

\$1,200 to one Palos Verdes Peninsula Senior

\$1,200 to one Palos Verdes High Senior

\$600 to one Rancho Del Mar Senior

APPLY HERE!

DEADLINE TO APPLY IS APRIL 10!



QUESTIONS?

EMAIL PVPPTACOUNCILVP@GMAIL.COM



For more information on the new Peninsula Chapter, please email Jackie Enriquez at myenriquez5@gmail.com



National League of Young Men, Inc. (NLYM) is a mother and son organization structured around a four-year unique experience for young men in grades 9-12. Our goal is to provide young men with opportunities to contribute to their communities and to enhance the mother-son relationship.

Each year, our Young Men donate nearly 60,000 hours to over 1,000 local and national non-profit organizations across the country. They gain invaluable service experience that will carry with them as they continue to make positive impacts on their communities. NLYM is committed to being an organization that represents and cultivates compassion for all people in the communities in which we live and serve.

NLYM is a growing national organization with new chapters forming from coast to coast.

Currently a chapter is forming in the Palos Verdes Peninsula & South Torrance area and is seeking mothers with sons entering 8th, 9th and 10th Grades who reside in the Palos Verdes Peninsula and South Torrance area.

Our organization is 100% powered by volunteer mothers and young men in high school. We create valued relationships with local non-profit organizations that make life better in our communities and give our Young Men a wide variety of service experiences. We invite local leaders to share their experiences and wisdom with our Young Men. We participate in horizon-expanding cultural experiences and events. Our Young Men are introduced to the art of being a gentleman and the importance of treating others with respect.



NLYM's four-year experience focuses on different aspects of leadership, service, protocol, and culture each year. Our program is designed to help Young Men develop confidence and courage as they lead each other and learn together. We offer our Young Men relevant and profound experiences that reveal the great joy of serving others.

At the end of four years, our Young Men are well-rounded individuals who have developed compassion, important leadership skills, and polished manners.

NLYM is committed to promoting inclusivity and is a non-political, non-religious organization.

EMPOWERING YOUNG MEN
LEADERSHIP • SERVICE • CULTURE • PROTOCOL

Follow NLYM, Inc.



NLYM is not related to, sponsored by, or endorsed by the Palos Verdes Peninsula Unified School District.

Palos Verdes High School | Website



Palos Verdes High School | 600 Cloyden Road | Palos Verdes Estates, CA 90274 US

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